



Swimming Competition

Organised by the Sports Commission Co-ordinated by the Community Sports Committee

Co-organised by the 18 District Councils, the Leisure and Cultural Services Department, the Sports Federation & Olympic Committee of Hong Kong, China and the Hong Kong Amateur Swimming Association

【Prospectus】

I. Date, Time and Venue of Competition:

| Date | | Time | Venue |
|---------------------|------------------------|-----------------------|-----------------------------|
| Date of Competition | 18 May 2019 (Saturday) | 2:00 p.m. – 6:00 p.m. | Victoria Park Swimming Pool |
| | 19 May 2019 (Sunday) | 9:00 a.m. – 6:00 p.m. | |
| Fallback Date | 25 May 2019 (Saturday) | 2:00 p.m. – 6:00 p.m. | |
| | 26 May 2019 (Sunday) | 9:00 a.m. – 6:00 p.m. | |

II. Participating Units : The 18 District Councils (DCs) in Hong Kong

III. Divisions and Events :

- (1) Men's Division:
 - (a) Individual Events:
 - 50 m, 100 m and 200 m Freestyle
 - 50 m, 100 m and 200 m Breaststroke
 - 50 m, 100 m and 200 m Backstroke
 - 50 m, 100 m and 200 m Butterfly
 - 200 m Individual Medley
 - (b) Relay Events:
 - 4 X 50 m Freestyle Relay and 4 X 50 m Medley Relay
- (2) Women's Division:
 - (a) Individual Events:
 - 50 m, 100 m and 200 m Freestyle
 - 50 m, 100 m and 200 m Breaststroke
 - 50 m, 100 m and 200 m Backstroke
 - 50 m, 100 m and 200 m Butterfly
 - 200 m Individual Medley
 - (b) Relay Events:
 - 4 X 50 m Freestyle Relay and 4 X 50 m Medley Relay
- (3) Mixed Division:
 - 4 X 50 m Freestyle Relay

IV. Eligibility Requirements : (1) Participants of all ages are welcome but must be holders of valid "Hong Kong Permanent Identity Cards", or holders of valid "Hong Kong Identity Cards" who have resided in Hong Kong for 3 years or more.
 Note: Holders of "Hong Kong Identity Cards" must have records of their first entry to Hong Kong, such as One-way Permits or passports,

showing their arrival in Hong Kong before March 2016 to prove that they have resided in Hong Kong for 3 years or more.

- (2) By 31 January 2019, participants must reside in the district of their respective district council (DC) and have valid proof of place of residence. The valid proof of place of residence accepted by the Hong Kong Games (HKG) includes:
- (a) a statement (such as a rates demand note, bill for electricity or water charges, monthly bank statement or telephone bill) issued by a public utility company or commercial organisation or bank within the latest 3 months;
 - (b) a statutory declaration of place of residence made before a Commissioner for Oaths/a practising solicitor/a Justice of the Peace;
 - (c) a mortgage statement or a tenancy agreement; or
 - (d) a student handbook showing proof of place of residence (if a student handbook cannot be produced, the participant's birth certificate and the documents stated in (a) to (c) above bearing the name(s) of the participant's parent(s) may be provided)

Note: The district boundaries of the 18 Districts are defined in the maps showing the Constituency Boundaries for the DC Election. (For details, please visit the website of the Electoral Affairs Commission at www.eac.gov.hk.) Student hostels and athlete hostels are not regarded as the place of residence. When necessary, the Organiser may request the participating units to provide the valid identity document and "proof of place of residence" of a participant within 2 working days to prove that the participant is eligible for the competition. Participants failing to provide such proof will be regarded as ineligible for the competition.

- (3) Those athletes who participated in any of the following swimming competitions between 1 January 2016 and 31 January 2019 are not eligible to participate in this competition.

| Sports Competitions | |
|--|---|
| Olympic Games | (excluding the Summer Youth Olympic Games) |
| Asian Games | (excluding the Asian Youth Games) |
| National Games of the People's Republic of China | (excluding team games (basketball, football and volleyball), the sport-for-all events and the National Youth Games) |
| World Championships | (excluding the World Youth/Junior Championships) |
| Asian Championships | (excluding the Asian Youth/Junior Championships) |

- (4) An athlete nominated by the Hong Kong Amateur Swimming Association to participate in any of the competitions specified in Paragraph IV(3) above after the nomination deadline on 31 January 2019 is still eligible to participate in this competition.
- (5) Serving professional swimming athletes are not eligible to participate in this competition.

Note: Professional athletes are those who are employed under a full-time paid contract by any institution or company as an athlete, excluding the full-time athletes who are undertaking training and receiving subvention or subsidy offered by the government or relevant organisations (such as the Hong Kong Sports Institute, the Sports

Federation & Olympic Committee of Hong Kong, China, and National Sports Associations (NSAs)).

- (6) Participants must hold one of the following recognised competition results for individual events (which must meet the qualifying time for the swimming competition of the 7th HKG, i.e. a score of 15 in the Hong Kong Swimming Point Score 2018-19 (Long Course) released by the HKASA) in order to participate in this competition:
 - (i) The 6th HKG Swimming Competition
 - (ii) Hong Kong Open Swimming Championships 2018
 - (iii) Hong Kong Age Group Long Course Swimming Championships 2018
 - (iv) Hong Kong Age Group Long Course Swimming Competition 2018 (Divisions 1-3)
 - (v) Long Course Masters Swimming Competition 2018 (Parts 1-3)
 - (vi) Annual Long Course Masters Swimming Championships 2018
 - (vii) Inter-Secondary Schools Swimming Competition (Divisions One and Two of Hong Kong Island and Kowloon regions) and All Hong Kong Inter-Area Primary Schools Swimming Competition organised by the Hong Kong School Sports Federation in 2018
 - (viii) HKASA sanctioned events in 2018
 - (ix) Swimming Test for the 7th HKG Swimming Competition
- (7) Participants must be selected through local open selection and nominated by the DC of the district they reside in. Each participant may only represent 1 DC in the HKG.
- (8) All participants must sign the “Declaration by Participant” before taking part in this competition. For a participant aged under 18, the Declaration must be signed by his/her parent or guardian aged 18 or above.
- (9) Participants must meet the requirements (1) to (8) mentioned above. If it is found that any participant fails to meet the eligibility requirements, furnishes false information or represents more than 1 DC, the Organiser has the right to disqualify the participant and the team. If the participant has already taken part in the HKG, all the results obtained by him/her and his/her team will be cancelled.
- (10) The Organiser reserves the right to forbid any participant from taking part in the competition.

- V. Enrolment Method and Points to Note :
- (1) The person-in-charge of each participating unit shall verify the eligibility of each participant in accordance with the requirements stated in paragraph IV above and return the duly completed “Enrolment Form” together with a recent photo of each participant (size: 4 × 3.5 cm) and the duly completed “Declaration by Participant” to the Secretariat of the 7th Hong Kong Games Organising Committee (HKGOC) (Address: Major Events Section, 2/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin, New Territories; Fax number: 2634 0786) on or before 31 January 2019.
 - (2) Each participating unit may enter 1 team leader and 2 coaches (the team leader and coaches shall be aged 18 or above). For “individual events”, each participating unit may nominate a maximum of 2 athletes to participate in each event. Each athlete may be nominated for a maximum of 2 events. For “relay events”, each participating unit may nominate a maximum of 1 team (which must be formed by athletes entered for individual events) to participate in each event. The players’ list shall be

submitted on the event day. Each member of a district delegation, including the head, deputy heads, chief team leader, team leaders, coaches and athletes, may represent only 1 DC and take up only 1 post/identity. For details, please refer to the “Competition Rules and Regulations of the 7th Hong Kong Games”.

- (3) If there are less than 3 persons/teams enrolling in an event, the matches of the event will be cancelled by the Organiser.
- (4) The participants shall be responsible for their own personal insurance.
- (5) All the information provided in the enrolment form must be true and correct.
- (6) The prospectus, notes to participating units, schedules, competition results and other information about this competition will be announced through the 7th HKG’s website at www.hongkonggames.hk.

- VI. Format : (1) The “one start rule” will apply in all events. Any participant who violates the rules or regulations will be disqualified after the event and shall raise no objection.
- (2) On the event day, an event will be held as scheduled even if there is only 1 participant/team turning up for the event.
 - (3) The 8 athletes/teams with the best results in the preliminary rounds will be qualified for the finals and their positions will be determined by the results obtained in the finals.

- VII. Rules : (1) Participants shall report to the “Marshalling Area”, bringing along with them their “Participation Card” issued by the Organiser, at the scheduled assembling time set by the Organiser. Where the Organiser is doubtful about the identity of any participant, it may request the participant to produce the original of his/her valid photo-bearing identity document (e.g. Hong Kong Permanent Identity Card, Hong Kong Identity Card, student card or student handbook) for checking and verification of his/her identity. Any participant who fails to produce his/her valid identity document or whose identity is not found to be matched will not be allowed to participate in the competition. Latecomers will be regarded as having withdrawn from the event.
- (2) Participants should take good care of their “Participation Card” and those who fail to produce their “Participation Card” will not be allowed to participate in the competition.
 - (3) The players’ lists for the relay teams shall be submitted 30 minutes before the scheduled start time of the competition session to facilitate the arrangement of events by the Organiser. Teams that submit their list late will not be allowed to participate in the competition.
 - (4) The Organiser will set the schedules and assign competition lanes to participants in the preliminary rounds. Participants shall follow the schedules set and use the competition lanes assigned by the Organiser. No requests from the participating units concerning replacement of participants, or change of events, schedules or competition lanes assigned will be accepted.

(5) The competition schedules are as follows:

Day 1

| No. | Event | Men's/ Women's / Mixed | Preliminary Rounds / Finals |
|-----|--------------------------------|------------------------|-----------------------------|
| 1 | *4X50 m Freestyle Relay | Mixed | Preliminary Rounds |
| 2 | 100 m Butterfly | Women's | Preliminary Rounds |
| 3 | 100 m Butterfly | Men's | Preliminary Rounds |
| 4 | 100 m Backstroke | Women's | Preliminary Rounds |
| 5 | 100 m Backstroke | Men's | Preliminary Rounds |
| 6 | 100 m Backstroke (Challenge) | Women's | Direct to Finals |
| 7 | 100 m Backstroke (Challenge) | Men's | Direct to Finals |
| 8 | 100 m Breaststroke | Women's | Preliminary Rounds |
| 9 | 100 m Breaststroke | Men's | Preliminary Rounds |
| 10 | 100 m Breaststroke (Challenge) | Women's | Direct to Finals |
| 11 | 100 m Breaststroke (Challenge) | Men's | Direct to Finals |
| 12 | 100 m Freestyle | Women's | Preliminary Rounds |
| 13 | 100 m Freestyle | Men's | Preliminary Rounds |
| 14 | 100 m Freestyle (Challenge) | Women's | Direct to Finals |
| 15 | 100 m Freestyle (Challenge) | Men's | Direct to Finals |
| 16 | 200 m Individual Medley | Women's | Preliminary Rounds |
| 17 | 200 m Individual Medley | Men's | Preliminary Rounds |
| 2 | 100 m Butterfly | Women's | Finals |
| 3 | 100 m Butterfly | Men's | Finals |
| 4 | 100 m Backstroke | Women's | Finals |
| 5 | 100 m Backstroke | Men's | Finals |
| 6 | 100 m Backstroke (Challenge) | Women's | Finals |
| 7 | 100 m Backstroke (Challenge) | Men's | Finals |
| 8 | 100 m Breaststroke | Women's | Finals |
| 9 | 100 m Breaststroke | Men's | Finals |
| 10 | 100 m Breaststroke (Challenge) | Women's | Finals |
| 11 | 100 m Breaststroke (Challenge) | Men's | Finals |
| 12 | 100 m Freestyle | Women's | Finals |
| 13 | 100 m Freestyle | Men's | Finals |
| 14 | 100 m Freestyle (Challenge) | Women's | Finals |
| 15 | 100 m Freestyle (Challenge) | Men's | Finals |
| 16 | 200 m Individual Medley | Women's | Finals |
| 17 | 200 m Individual Medley | Men's | Finals |
| 1 | 4X50 m Freestyle Relay | Mixed | Finals |

*A team from Hong Kong Sports Association for Persons with Intellectual Disability will take part in the preliminary rounds of the Mixed 4X50 m Freestyle Relay.

Day 2

| No. | Event | Men's/ Women's | Preliminary Rounds / Finals |
|------------|------------------------|----------------|-----------------------------|
| 18 | 4X50 m Freestyle Relay | Women's | Preliminary Rounds |
| 19 | 4X50 m Freestyle Relay | Men's | Preliminary Rounds |
| 20 | 200 m Butterfly | Women's | Preliminary Rounds |
| 21 | 200 m Butterfly | Men's | Preliminary Rounds |
| 22 | 200 m Backstroke | Women's | Preliminary Rounds |
| 23 | 200 m Backstroke | Men's | Preliminary Rounds |
| 24 | 200 m Breaststroke | Women's | Preliminary Rounds |
| 25 | 200 m Breaststroke | Men's | Preliminary Rounds |
| 26 | 200 m Freestyle | Women's | Preliminary Rounds |
| 27 | 200 m Freestyle | Men's | Preliminary Rounds |
| 28 | 50 m Butterfly | Women's | Preliminary Rounds |
| 29 | 50 m Butterfly | Men's | Preliminary Rounds |
| 30 | 50 m Backstroke | Women's | Preliminary Rounds |
| 31 | 50 m Backstroke | Men's | Preliminary Rounds |
| 32 | 50 m Breaststroke | Women's | Preliminary Rounds |
| 33 | 50 m Breaststroke | Men's | Preliminary Rounds |
| 34 | 50 m Freestyle | Women's | Preliminary Rounds |
| 35 | 50 m Freestyle | Men's | Preliminary Rounds |
| 36 | 4X50 m Medley Relay | Women's | Preliminary Rounds |
| 37 | 4X50 m Medley Relay | Men's | Preliminary Rounds |
| Lunch Time | | | |
| No. | Event | Men's/ Women's | Preliminary Rounds / Finals |
| 18 | 4X50 m Freestyle Relay | Women's | Finals |
| 19 | 4X50 m Freestyle Relay | Men's | Finals |
| 20 | 200 m Butterfly | Women's | Finals |
| 21 | 200 m Butterfly | Men's | Finals |
| 22 | 200 m Backstroke | Women's | Finals |
| 23 | 200 m Backstroke | Men's | Finals |
| 24 | 200 m Breaststroke | Women's | Finals |
| 25 | 200 m Breaststroke | Men's | Finals |
| 26 | 200 m Freestyle | Women's | Finals |
| 27 | 200 m Freestyle | Men's | Finals |
| 28 | 50 m Butterfly | Women's | Finals |
| 29 | 50 m Butterfly | Men's | Finals |
| 30 | 50 m Backstroke | Women's | Finals |
| 31 | 50 m Backstroke | Men's | Finals |
| 32 | 50 m Breaststroke | Women's | Finals |
| 33 | 50 m Breaststroke | Men's | Finals |
| 34 | 50 m Freestyle | Women's | Finals |
| 35 | 50 m Freestyle | Men's | Finals |
| 36 | 4X50 m Medley Relay | Women's | Finals |
| 37 | 4X50 m Medley Relay | Men's | Finals |

- (6) Participants must wear approved swimsuits during the competition. For requirements on the competition uniform, please refer to the "Guidelines on the Sportswear for the 7th Hong Kong Games".

- (7) On the event day, the Organiser will use electronic scoreboard to indicate the event being marshalled. Participants shall pay attention to the event displayed on the electronic scoreboard and report to the electronic scoreboard as soon as possible, bringing along with them the “Participation Card” issued by the Organiser, when the event they are going to participate is displayed. **No** announcements on the events being marshalled will be made through the public address system in the venue. The marshalling time for an event ends when the event is no longer displayed on the “Marshalling Board”. Participants who have not reported to the “Marshalling Area” by that time will be regarded as having withdrawn from the event.
- (8) Participants shall arrive at the venue of competition ahead of the scheduled time. They should pay attention to the schedules set by the Organiser and the on-site announcements made by the Organiser/the events being marshalled as indicated on the “Marshalling Board”, and report to the “Marshalling Area” on time. The Organiser has the right to advance or defer any scheduled events depending on the situation and participants shall raise no objection.
- (9) When an event is taking place, participants not taking part in that event shall not enter the competition venue without permission.
- (10) Participants who fail to turn up in the finals will not be awarded any positions and points except in the following circumstance. No waiting list will be draw up for the finals.
 - (a) If participants fail to turn up in finals due to injury/illness or participating in major international competitions, the positions participants obtained and the points they scored in the last match can only be retained if they can produce relevant supporting documents issued by approved medical practitioners or the HKASA. The chief team leader/team leader/person-in-charge is required to provide the original of the relevant supporting documents to the Secretariat of the 7th Hong Kong Games Organising Committee within two working days (i.e. Monday to Friday excluding General Holidays) after the competition from which the participants were absent. Participants who were late in submitting the supporting documents would be regarded as not participating in the competitions.
- (11) Participants shall comply with the rules, regulations and announcements of the swimming pool and the Organiser. For participants who have violated any rules/regulations or displayed any misbehaviour which may affect the competition, the Organiser has the right to disqualify them and their teams from the competition and the results obtained by them/their teams will be cancelled.
- (12) Any objection to the results of a race may be verbally directed to the Duty Organiser by the chief team leader/team leader/person-in-charge of a participating team within 30 minutes after the announcement of the results of that particular race. The Duty Organiser will refer it to the Chief Judge of the event day for follow-up action.
- (13) If a participating team is not satisfied with the decision made by the Duty Organiser/the Chief Judge, the head or deputy heads of the delegation may lodge an appeal in writing to the Secretariat of the 7th HKGOC within 2 working days after the race in question. The Secretariat will issue an acknowledgement to the appellant within 2 working days after the receipt of the appeal, and follow up on the appeal with the relevant NSA/unit. The results of the follow-up action will be regarded as the final decision of

the Organiser. Except in extraordinary circumstances, the Secretariat will reply to the appellant in writing within 10 calendar days after the receipt of the appeal, notifying him/her of the results of the follow-up action.

- (14) During the appeal process, all races will be held according to the announced schedule. The Organiser will not arrange any re-play in respect of any race that has been completed.
- (15) For complaints relating to a participant's district of residence, the Organiser will request the respective participating unit to provide valid documentary "proof of place of residence" of the participant within 2 working days to prove that the participant is a resident of the respective district. Participants failing to provide such proof will be regarded as ineligible for the competition. If a complaint is substantiated, the results obtained by the participant being complained about and his/her team in the races will be cancelled and no points will be scored by him/her and the team.
- (16) Unless explicitly stated in this prospectus, all rules and regulations will follow those currently used by the HKASA.

VIII. Team Leaders' Meeting : A team leaders' meeting will be held at 7:00 p.m. on 29 April 2019 (Monday) at the Audio/Visual Room, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin, New Territories. Each participating unit shall send its own representative to attend the meeting. The players' list must be confirmed on or before the meeting date. No application for amendments to the list will be accepted after the meeting.

IX. Awards and Scoring System : (1) Prizes will be awarded to the "**Champion, 1st Runner-up and 2nd Runner-up**" of each event.

(2) There will be an "**Overall Champion, a 1st Runner-up and a 2nd Runner-up**" and the "**District with Impressive Progress**" prize in this competition. The scoring method is set out as follows:

- From the Champion to the 7th Runner-up of each competition event, each winner/winning team will score 10, 8, 7, 6, 5, 4, 3 and 2 points respectively, i.e. the Champion will score 10 points, the 1st Runner-up will score 8 points, etc. until the 7th Runner-up will score 2 points. The remaining participants/participating teams who have successfully finished the competition event will score 1 point;
- The points awarded for the team events will be doubled, i.e. the Champion will score 20 points, the 1st Runner-up will score 16 points and so forth;
- If a participant/participating team is disqualified by the Organiser due to misbehaviour or fails to turn up for a competition (excluding item VII (10a)), no point will be awarded.
- The top 3 districts with the highest accumulated points in this competition will be the **Overall Champion, 1st Runner-up and 2nd Runner-up** of the swimming competition;
- The district achieving the greatest increase in the accumulated point over the last HKG will be awarded the "**District with Impressive Progress**" prize for the swimming competition.

(3) Prizes for the "**Overall Champion, 1st Runner-up and 2nd Runner-up of the 7th Hong Kong Games**"

The top 3 districts with the highest accumulated points from all the 8 sports competitions, namely athletics, badminton, basketball, futsal, swimming,

table tennis, tennis and volleyball will be awarded the prizes. The scoring method is set out as follows:

- The district which is the Champion (i.e. the "Overall Champion") of this competition will score 10 points, and the 1st to the 7th Runners-up will score 8, 7, 6, 5, 4, 3 and 2 points respectively. The 8th to the 17th Runners-up will score 1 point.
- The top 3 districts with the highest accumulated points from all the 8 sports competitions will be awarded the prizes for the "Overall Champion, 1st Runner-up and 2nd Runner-up of the 7th Hong Kong Games" respectively.
- If there are districts with the same accumulate points from all competitions, the one that holds more first places will win; and if they hold the same number of first places, the one holding more second places will win. The same method applies until the overall positions are determined. If all the results are the same, the districts concerned will be awarded the same position and presented with the same prize.

- (4) The "**District with the Most Gold Medals**" prize
The district that obtains the most gold medals in the 8 sports competitions will be awarded the prize. If the number of gold medals obtained is the same, the districts concerned will be awarded the same prize.
- (5) The "**District with the Greatest Participation**" prize
The district having the greatest actual number of athletes participating in the 8 sports competitions will be awarded the prize. (The actual number refers to the number of enrolled athletes who have turned up for the roll call in the HKG.)
- (6) The "**District with the Best Progress**" prize
The district achieving the greatest increase in the accumulated point from all the 8 sports competitions over the last HKG will be awarded the prize.
- (7) The "**District with the Best Sportsmanship**" prize
The top 3 districts with the highest average attendances of participating athletes in all the 8 sports competitions will be awarded the prize.
- (8) The "**District with the Strongest Cheering Squad**" prize
The district represented by the cheering squad with the highest attendance on the competition days will be awarded the prize.

X. Referee/Judge : The HKASA will be invited to provide referee/judge services.

XI. Inclement Weather Arrangement : (1) If a Pre-No. 8 Special Announcement has been issued, or Tropical Cyclone Warning Signal No. 8 or above or Black Rainstorm Warning Signal is still in force 2 hours before the commencement of the matches on the match day, all matches on that day will be cancelled. The Organiser will notify the participants of the corresponding arrangements separately in due course.

- (2) "**High**" Health Risk Category (Air Quality Health Index: 7)
Competitions shall be held as scheduled. The Environmental Protection Department (EPD) advises that persons with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly should **reduce** outdoor physical exertion, and **reduce** the time of their stay outdoors, especially in areas with heavy traffic. Persons with existing heart or respiratory illnesses should also seek advice from a medical doctor before

participating in sport activities and take more breaks during physical activities. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.

(3) **“Very High” Health Risk Category (Air Quality Health Index: 8 to 10)**

Competitions shall be held as scheduled. The EPD advises that persons with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly should **reduce to the minimum** outdoor physical exertion, and **reduce to the minimum** the time of their stay outdoors, especially in areas with heavy traffic. The general public is advised to **reduce** outdoor physical exertion, and to **reduce** the time of their stay outdoors, especially in areas with heavy traffic. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.

(4) **“Serious” Health Risk Category (Air Quality Health Index:10+)**

Competitions shall be held as scheduled. The EPD advises that persons with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly should **avoid** outdoor physical exertion, and **avoid** staying outdoors, especially in areas with heavy traffic. The general public is advised to **reduce to the minimum** outdoor physical exertion, and to **reduce to the minimum** the time of their stay outdoors, especially in areas with heavy traffic. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.

- XII. Rescheduling : (1) The Organiser has the right to change the date of competition or make any alternative arrangements in extraordinary circumstances, and will notify the participating units of the details. Should any special incident happen during the competition, the referee/judge on the spot or the Organiser will have the sole right to decide whether or not the competition should continue and the participants shall raise no objection.
- (2) No application for rescheduling shall be accepted by the Organiser.
- XIII. By-law : (1) Participants who break the Hong Kong records are required to undertake drug tests. Those who refuse to undertake drug tests will be disqualified from this competition with all his/her results cancelled. Participants should read and understand in detail the anti-doping rules and regulations, and other information on the Hong Kong Anti-Doping Committee’s official website at www.antidoping.hk.
- (2) Participants must put on clean slippers or be bare-footed before entering the pool deck area.
- (3) Participants must walk through the shower bath and the footbath before entering the pool to maintain the hygiene of the pool and themselves.
- (4) All participants are required to take care of their own belongings. No liability shall be borne by the Organiser for the loss of their belongings.
- (5) The personal data submitted by the participants will be destroyed in the 4th month after the 7th HKG. Any requests for proof of results obtained by individual athletes in the competition should be submitted to the Secretariat

of the 7th HKGOC within 3 months after the 7th HKG.

XIV. Enquiries : 2601 7671

<<The Organiser reserves the right to amend this prospectus at any time without further notice>>

The 7th Hong Kong Games Swimming Competition

Organised by the Sports Commission Co-ordinated by the Community Sports Committee
Co-organised by the 18 District Councils, the Leisure and Cultural Services Department,
the Sports Federation & Olympic Committee of Hong Kong, China and the Hong Kong Amateur Swimming Association

【Enrolment Form】

Remarks:

- (1) The personal data provided by you will only be used for the purposes of enrolment, compilation of statistics and contact of this competition. Only the staff authorised by the Organiser, will be given access to the information for the aforesaid purposes. The personal data provided by you will be destroyed in the 4th month after the 7th Hong Kong Games.
- (2) Please contact the staff of the Secretariat of the 7th Hong Kong Games Organising Committee at 2601 7671 if you wish to request correction of the personal data after submission of enrolment form.
- (3) Participating units must provide the personal data required below and fill in the declaration. If you fail to provide the required personal data clearly, your application will not be accepted.

I. Participating Unit: _____ District Council

II. Personal Data of Team Leader and Coach (Team leaders and coach must be aged 18 or above)

| | | | | | |
|----------------------------------|-------|---------|-------|-------------------|-------|
| Name of Team Leader (English): | _____ | Sex: | _____ | * E-mail Address: | _____ |
| Contact Telephone No.: (Daytime) | _____ | (Night) | _____ | Fax No.: | _____ |
| Name of Coach (English): | _____ | Sex: | _____ | * E-mail Address: | _____ |
| Contact Telephone No.: (Daytime) | _____ | (Night) | _____ | Fax No.: | _____ |
| Name of Coach (English): | _____ | Sex: | _____ | * E-mail Address: | _____ |
| Contact Telephone No.: (Daytime) | _____ | (Night) | _____ | Fax No.: | _____ |

* The Organiser will send information about the competitions to the team leaders and coaches via e-mail.

III. Declaration by Team Leader

I hereby declare that:

- (1) I have read the competition prospectus and agreed to abide by the rules and regulations stated therein.
- (2) This participating unit has verified the personal data of the participants in the team and they are eligible for the competition according to the rules set by the Organiser. I understand that if false information is provided or if the information entered is not in accordance with the fact, the participant(s) concerned will be disqualified with all the results cancelled.
- (3) All the participants aged under 18 in the team have obtained the consent of their parents or guardians to participate in the competition.
- (4) All the participants listed in this form have not participated in the swimming competitions of the Olympic Games (excluding the Summer Youth Olympic Games), the Asian Games (excluding the Asian Youth Games), the National Games of the People's Republic of China (excluding the sport for all events and the National Youth Games), the World Championships (excluding the World Youth/Junior Championship) and the Asian Championships (excluding the Asian Youth/Junior Championship) between 1 January 2016 and 31 January 2019.
- (5) All the participants in the team are not serving professional swimming athletes.

Signature of Team Leader: _____

Name of Team Leader: _____

Date: _____

Chop of the District Council

IV. Personal Data of Participants:

(1) Please fill in the personal data of the participants of **Individual Events** of the **Men's Division** :

| No. | Name of Participant | | Hong Kong Identity Card No. | *Event to be Entered (Please indicate with a tick "✓") | | | | | | | | | | | | | For Organiser's Use only (Athlete's No.) | |
|-----|---------------------|---------|-----------------------------|--|----------------|----------------|------------------|-------------------|-------------------|----------------|-----------------|-----------------|---------------|----------------|----------------|------------------------|--|--|
| | Chinese | English | | 50m Freestyle | 100m Freestyle | 200m Freestyle | 50m Breaststroke | 100m Breaststroke | 200m Breaststroke | 50m Backstroke | 100m Backstroke | 200m Backstroke | 50m Butterfly | 100m Butterfly | 200m Butterfly | 200m Individual Medley | | |
| 1 | | | | | | | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | | | | | | |
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*Each athlete may enter a maximum of 2 individual events.

(2) Please fill in the information on **Relay Events** of the **Men's Division**:

| Men's Division | Team Event | Event to be Entered (Please indicate with a tick "✓") |
|----------------|--------------------------|---|
| | 4 x 50 m Freestyle Relay | |
| | 4 x 50 m Medley Relay | |

* The players' lists for the relay teams shall be submitted 30 minutes before the scheduled start time of the competition session.

(3) Please fill in the personal data of the participants of **Individual Events** of the **Women's Division**:

| No. | Name | | Hong Kong Identity Card No. | *Event to be Entered (Please indicate with a tick "✓") | | | | | | | | | | | | | For Organiser's Use only (Athlete's No.) | |
|-----|---------|---------|-----------------------------|--|----------------|----------------|------------------|-------------------|-------------------|----------------|-----------------|-----------------|---------------|----------------|----------------|------------------------|--|--|
| | Chinese | English | | 50m Freestyle | 100m Freestyle | 200m Freestyle | 50m Breaststroke | 100m Breaststroke | 200m Breaststroke | 50m Backstroke | 100m Backstroke | 200m Backstroke | 50m Butterfly | 100m Butterfly | 200m Butterfly | 200m Individual Medley | | |
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*Each athlete may enter a maximum of 2 individual events.

(4) Please fill in the information on **Relay Events** of the **Women's Division**:

| Women's Division | Team Event | Event to be Entered (Please indicate with a tick "✓") |
|------------------|--------------------------|---|
| | 4 x 50 m Freestyle Relay | |
| | 4 x 50 m Medley Relay | |

(5) Please fill in the information on **Relay Events** of the **Mixed Division**:

| Mixed Division | Team Event | Event to be Entered (Please indicate with a tick "✓") |
|----------------|--------------------------|---|
| | 4 x 50 m Freestyle Relay | |

* The players' lists for the relay teams shall be submitted 30 minutes before the scheduled start time of the competition session.

The 7th Hong Kong Games Swimming Competition

Organised by the Sports Commission Co-ordinated by the Community Sports Committee

Co-organised by the 18 District Councils, the Leisure and Cultural Services Department,
the Sports Federation & Olympic Committee of Hong Kong, China and the Hong Kong Amateur Swimming Association

【List of Results Obtained and Declaration by Participant】

(This form must be completed and submitted together with the enrolment form by each participant.)

Name of Participant: _____

Participating Unit: _____ District Council

Division: Men's Division Women's Division (Please put a "✓" in the appropriate box)

**Affix one recent
photo of the
participant here
(Size: 4 × 3.5 cm)**

I. List of Results Obtained by Participant (Participant should provide the recognised results obtained by him/her for all the events he/she wishes to enter.):

| Event | Qualifying Time [^] | | Events to be Entered (Please indicate with a "✓") | Result Obtained in Approved Competition [^] | Name of the Competition |
|-------|------------------------------|------------------|--|--|-------------------------|
| | Men's Division | Women's Division | | | |
| 1 | 50 m Freestyle | 40.20 | 45.07 | | |
| 2 | 100 m Freestyle | 1:28.76 | 1:37.85 | | |
| 3 | 200 m Freestyle | 3:14.84 | 3:32.12 | | |
| 4 | 50 m Breaststroke | 50.17 | 56.50 | | |
| 5 | 100 m Breaststroke | 1:50.00 | 2:01.56 | | |
| 6 | 200 m Breaststroke | 3:59.95 | 4:23.14 | | |
| 7 | 50 m Backstroke | 45.82 | 50.84 | | |
| 8 | 100 m Backstroke | 1:38.88 | 1:49.32 | | |
| 9 | 200 m Backstroke | 3:35.77 | 3:54.25 | | |
| 10 | 50 m Butterfly | 42.85 | 47.16 | | |
| 11 | 100 m Butterfly | 1:34.91 | 1:44.71 | | |
| 12 | 200 m Butterfly | 3:33.38 | 3:52.80 | | |
| 13 | 200 m Individual Medley | 3:36.10 | 3:57.91 | | |

[^] The results obtained by the participant must meet the qualifying time for the respective event of the swimming competition of the 7th Hong Kong Games, i.e. a score of 15 in the Hong Kong Swimming Point Score 2018-19 (Long Course) released by the Hong Kong Amateur Swimming Association. Participants who fail to provide the required information in a clear manner will not be regarded as having met the qualifying time for the respective event of the swimming competition of the 7th Hong Kong Games.

II. Declaration by Participant/Parent/Guardian (For a participant aged under 18, this declaration must be signed by his/her parent or guardian aged 18 or above.)

I hereby declare that:

- (1) I /The participant confirm(s) that I/he/she reside(s) in the district I/he/she represent(s). All the information provided in the enrolment form of the district swimming athlete selection of the 7th Hong Kong Games is true and correct and I/he/she am/is eligible for the competition according to the rules set by the Organiser. I/The participant understand(s) that if false information is provided or if the information entered is not in accordance with the facts, I/he/she will be disqualified with all my/his/her results cancelled.
- (2) I/The participant have/has read the competition prospectus carefully and agree(s) to comply with the competition rules set by the Organiser and abide by the decisions of the referees/judges. I/The participant will submit my/his/her identity document (the original) for checking by the Organiser before each race. I/he/she understand(s) that failure to comply with the competition rules will result in immediate disqualification.
- (3) I/The participant understand(s) that if any person is found participating in the competition in my/his/her name, I/the participant will be disqualified with all my/his/her results cancelled.
- (4) I/The participant am/is healthy and physically fit to participate in this competition.

* Name of Participant/Parent/Guardian: _____

Signature of Participant/Parent/Guardian: _____

Date: _____

(*Please delete as appropriate)

(This form may be photocopied if necessary)