

第七屆全港運動會活動及各項比賽一覽表

Time-table of Activities and Sports Competitions of the 7th Hong Kong Games

活動 / 比賽 Activity/Sports Competition	日期 Date	時間 Time	地點 Venue
十八區誓師暨啦啦隊大賽 The 18 Districts' Pledging cum Cheering Team Competition	24/2	2pm-5:30pm	伊利沙伯體育館 Queen Elizabeth Stadium
賽馬會全城躍動活力跑 The Jockey Club Vitality Run	10/3	8:30am-12nn	沙田運動場/源禾遊樂場/沙田城門河畔 Sha Tin Sports Ground/Yuen Wo Playground/Shu Tin Shing Mun Riverside
開幕典禮 Opening Ceremony	28/4	3:30pm-6pm	香港體育館 Hong Kong Coliseum
閉幕暨綜合頒獎典禮 Closing cum Prize Presentation Ceremony	2/6	2:30pm-5pm	九龍公園體育館 Kowloon Park Sports Centre
田徑 Athletics	18/5 19/5	2pm-6pm 9am-6pm	灣仔運動場 Wan Chai Sports Ground
羽毛球 Badminton	30/3, 13/4 2/4, 16/4 5/5 9/5, 15/5 12/5	2pm-10pm 7:30pm-10:30pm 10am-10pm 7:30pm-11pm 10am-6pm	九龍公園體育館 Kowloon Park Sports Centre
	31/3 6/4	9am-7pm 2pm-6pm	圓洲角體育館 Yuen Chau Kok Sports Centre
	14/4 11/5	9am-4pm 2pm-6pm	士美非路體育館 Smithfield Sports Centre
	25/5 26/5	2pm-8pm 10am-6pm	伊利沙伯體育館 Queen Elizabeth Stadium
	24/2 10/3, 1/5 20/4, 28/4	12nn-4:30pm 10am-2:30pm 1pm-5:30pm	將軍澳體育館 Tseung Kwan O Sports Centre
	16/3 24/3	4pm-10pm 4pm-10pm	元朗體育館 Yuen Long Sports Centre
	17/3, 24/3, 14/4 6/4	10am-2:30pm 6pm-10:30pm	東啟德體育館 Kai Tak East Sports Centre
	31/3, 7/4	9am-9pm	北河街體育館 Pei Ho Street Sports Centre
籃球/輪椅籃球挑戰賽 Basketball/ Wheelchair Basketball Challenge	14/4, 1/5	9am-9pm	林士德體育館 Osman Ramju Sadick Memorial Sports Centre
	5/5 12/5 14/5 26/5	11am-9pm 11am-8pm 7:30pm-10:30pm 1pm-10pm	荃灣體育館 Tsuen Wan Sports Centre

活動 / 比賽 Activity/Sports Competition	日期 Date	時間 Time	地點 Venue
五人足球 Futsal	18/3, 20/3, 25/3, 27/3	8pm-10pm	長沙灣遊樂場 Cheung Sha Wan Playground
	1/4, 3/4, 8/4, 10/4	8pm-10pm	沙咀道遊樂場 Sha Tsui Road Playground
	1/5, 4/5 11/5 25/5	3pm-10pm 3pm-7pm 3pm-8pm	馬鞍山體育館 Ma On Shan Sports Centre
游泳/智障人士游泳邀請賽 Swimming/Swimming Invitation Competition for People with Intellectual Disabilities	18/5 19/5	2pm-6pm 9am-6pm	維多利亞公園游泳池 Victoria Park Swimming Pool
乒乓球 Table Tennis	8/4, 9/4, 11/4, 15/4 8/5, 10/5	7:30pm-10pm 7:30pm-10:30pm	調景嶺體育館 Tiu Keng Leng Sports Centre
	16/4	7:30pm-10pm	港灣道體育館 Harbour Road Sports Centre
	20/4	1pm-11pm	元朗體育館 Yuen Long Sports Centre
	21/4 13/5, 16/5 26/5	9am-7pm 7:30pm-10pm 10am-6pm	荔枝角公園體育館 Lai Chi Kok Park Sports Centre
網球 Tennis	16/3, 6/4 21/4	2:30pm-11pm 9:30am-11pm	鰂魚涌公園網球場 Quarry Bay Park Tennis Court
	24/3, 7/4 20/4	9:30am-11pm 2:30pm-11pm	源禾遊樂場網球場 Yuen Wo Playground Tennis Court
	30/3 5/5	2:30pm-11pm 9:30am-11pm	荃灣公園網球場 Tsuen Wan Park Tennis Court
	31/3, 14/4	9:30am-11pm	聯合道公園網球場 Junction Road Park Tennis Court
	11/5, 18/5 12/5 19/5	2:30pm-11pm 12nn-6pm 9:30am-11pm	維多利亞公園網球場 Victoria Park Tennis Court
排球 Volleyball	17/3 19/5	9am-10pm 12nn-10pm	荃灣體育館 Tsuen Wan Sports Centre
	23/3 24/3 31/3 12/5	3pm-10pm 9am-6pm 1pm-10pm 3pm-8pm	青衣體育館 Tsing Yi Sports Centre
	6/4 7/4	3pm-10pm 9am-6pm	屏山天水圍體育館 Ping Shan Tin Shui Wai Sports Centre
	14/4 1/5, 5/5	9am-6pm 9am-5pm	蒲崗村道體育館 Po Kong Village Road Sports Centre
	七人欖球示範項目 Rugby Sevens demonstration event	11/5 13/5	11am-5:10pm 10am-2:45pm