



## Swimming Competition and Swimming Invitation Competition for People with Intellectual Disabilities

Organised by the Sports Commission    Co-ordinated by the Community Sports Committee

Co-organised by the 18 District Councils, the Leisure and Cultural Services Department,  
the Sports Federation & Olympic Committee of Hong Kong, China and the Hong Kong Amateur Swimming Association

### 【Notes to Participating Units】

1. Date, Time and Venue of Competition:

	Date	Time	Venue
Date of Competition	18 May 2019 (Saturday)	<u>Warm-up period in main pool</u> 1:15 p.m. to 1:45 p.m.. <u>Start of the competition</u> 2:00 p.m.	Victoria Park Swimming Pool
	19 May 2019 (Sunday)	<u>Warm-up period in main pool (a.m. session)</u> 8:15 a.m. to 8:45 a.m. <u>Start of the competition (a.m. session)</u> 9:00 a.m. & <u>Warm-up period in main pool (p.m. session)</u> 1:15 p.m. to 1:45 p.m. <u>Start of the competition (p.m. session)</u> 2:00 p.m.	
Fallback Date	25 May 2019 (Saturday) 26 May 2019 (Sunday)	Same as above	

\* The Organiser reserves the right to amend the above dates, times and venues of competition in the future.

2. Format:

- (1) The “one start rule” will apply in all events. Any participant who violates the rules or regulations will be disqualified after the event and shall raise no objection.
- (2) On the event day, an event (the final) will be held as scheduled even if there is only 1 participant/team turning up for the event. The only one participant/team participating in a preliminary round event will go straight to the final.

- (3) The 8 athletes/teams with the best results in the preliminary rounds will be qualified for the finals and their positions will be determined by the results obtained in the finals.

### 3. Rules:

- (1) The lists of participating players have been confirmed on or before the team leaders' meeting date. No application for amendments to the list will be accepted after the meeting.
- (2) For relay events, each district may enter a maximum of 1 team (which must be formed by athletes entered for individual events) to participate in each event.
- (3) Participants shall report to the "Marshalling Area", bringing along with their "Participation Card" issued by the Organiser, at the scheduled assembling time set by the Organiser. Where the Organiser is doubtful about the identity of any participant, it may request the participant to produce the original of his/her valid photo-bearing identity document (e.g. Hong Kong Permanent Identity Card, Hong Kong Identity Card, student card or student handbook) for checking and verification of his/her identity. Any participant who fails to produce his/her valid identity document or whose identity is not found to be matched will not be allowed to participate in the competition. Latecomers will be regarded as having withdrawn from the event.
- (4) Participants should take good care of their "Participation Card" and those who fail to produce their "Participation Card" will not be allowed to participate in the competition.
- (5) The players' lists for the relay teams shall be submitted by the participating units to the "Record Room" **30 minutes before the start of the scheduled time for a competition session (i.e. on or before 1:30 pm on 18 May 2019 and on or before 8:30 am and on or before 1:30 pm on 19 May 2019).** Teams that submit their list late will not be allowed to participate in the competition.
- (6) Participants may warm-up at the scheduled time arranged by the Organiser (1:15 pm to 1:45 pm on 18 May 2019, 8:15 am to 8:45 am and 1:15 pm to 1:45 pm on 19 May 2019) in the Main Pool and Multi-purpose Pool of Victoria Park Swimming Pool. When an event is taking place, non-participants shall not enter the pool deck area without permission.
- (7) The Organiser will set the schedules and assign competition lanes to participants in the preliminary rounds. Participants shall follow the schedules set and use the competition lanes assigned by the Organiser. No requests from the participating units concerning replacement of participants, or change of events, schedules or competition lanes assigned will be accepted.
- (8) On the event day, the Organiser will use "Digital Display Screen" to indicate the event being marshalled. Participants shall pay attention to the event displayed on the "Digital Display Screen" and report to the "Marshalling Area" as soon as possible, bringing along with their "Participation Card" issued by the Organiser, when the event they are going to participate is displayed. **No** announcements on the events being marshalled will be made through the public address system in the venue. The marshalling time for an event ends when the event is no

longer displayed on the “Digital Display Screen”. Participants who have not reported to the “Marshalling Area” by that time will be regarded as having withdrawn from the event.

- (9) Participants shall arrive at the venue of competition ahead of the scheduled time. They should pay attention to the schedules set by the Organiser and the on-site announcements made by the Organiser/the events being marshalled as indicated on the “Digital Display Screen”, and report to the “Marshalling Area” on time. The Organiser has the right to advance or defer any scheduled events depending on the situation and participants shall raise no objection.
- (10) Participants who fail to turn up in the finals will not be awarded any positions and points except in the following circumstance. No waiting list will be draw up for the finals.
  - (a) If participants fail to turn up in finals due to injury/illness or participating in major international competitions, the positions that the participants obtained and the points they scored in the last match can only be retained if they can produce relevant supporting documents issued by approved medical practitioners or the HKASA. The chief team leader/team leader/person-in-charge is required to provide the original of the relevant supporting documents to the Secretariat of the 7th Hong Kong Games Organising Committee within two working days (i.e. Monday to Friday excluding General Holidays) after the competition from which the participants were absent. Participants who were late in submitting the supporting documents would be regarded as not participating in the competitions.
- (11) No participant shall ask any other person to play in the competition for him/her. Should any participant be found to have done so, the participant, the impostor and their team will be disqualified with all their results cancelled.
- (12) Participants shall comply with the rules, regulations and announcements of the swimming pool and the Organiser. For participants who have violated any rules/regulations or displayed any misbehaviour which may affect the competition, the Organiser has the right to disqualify them and their teams from the competition and the results obtained by them/their teams will be cancelled.
- (13) Any objection to the results of a race may be verbally directed to the Duty Organiser by the chief team leader/team leader/person-in-charge of a participating team within 30 minutes after the announcement of the results of that particular competition. The Duty Organiser will refer it to the Chief Judge of the event day for follow-up action.
- (14) If a participating team is not satisfied with the decision made by the Duty Organiser/the Chief Judge, the head or deputy heads of the delegation may lodge an appeal in writing to the Secretariat of the 7th HKGOC within 2 working days after the competition in question. The Secretariat will issue an acknowledgement to the appellant within 2 working days after the receipt of the appeal, and follow up on the appeal with the relevant NSA/unit. The results of the follow-up action will be regarded as the final decision of the Organiser. Except in extraordinary circumstances, the Secretariat will reply to the appellant in writing within 10

calendar days after the receipt of the appeal, notifying him/her of the results of the follow-up action.

(15) During the appeal process, all competition will be held according to the announced schedule. The Organiser will not arrange any re-play in respect of any competition that has been completed.

(16) For complaints relating to a participant's district of residence, the Organiser will request the respective participating unit to provide valid documentary "proof of place of residence" of the participant within 2 working days to prove that the participant is a resident of the respective district. Participants failing to provide such proof will be regarded as ineligible for the competition. If a complaint is substantiated, the results obtained by the participant being complained about and his/her team in the competition will be cancelled and no points will be scored by him/her and the team

(17) Unless explicitly stated in prospectus and this Notes to Participating Units, all rules and regulations will follow those currently used by the Hong Kong Amateur Swimming Association (HKASA).

#### 4. Awards and Scoring System:

(1) Prizes will be awarded to the "**Champion, 1st Runner-up and 2nd Runner-up**" of each event.

(2) There will be an "**Overall Champion, 1st Runner-up and 2nd Runner-up**" and the "**District with Impressive Progress**" prize in this competition. The scoring method is set out as follows:

- From the Champion to the 7th Runner-up of each competition event, each winner/winning team will score 10, 8, 7, 6, 5, 4, 3 and 2 points respectively, i.e. the Champion will score 10 points, the 1st Runner-up will score 8 points, etc. until the 7th Runner-up will score 2 points. The remaining participants/participating teams who have successfully finished the competition event will score 1 point;
- The points awarded for the team events will be doubled, i.e. the Champion will score 20 points, the 1st Runner-up will score 16 points and so forth;
- If a participant/participating team is disqualified by the Organiser due to misbehaviour or fails to turn up for a competition (excluded item III (10a)), no point will be awarded;
- The top 3 districts with the highest accumulated points in this competition will be the **Overall Champion, 1st Runner-up and 2nd Runner-up** of the swimming competition;
- The district achieving the greatest increase in the accumulated point over the last HKG will be awarded the "**District with Impressive Progress**" prize for the swimming competition.

(3) Prizes for the **“Overall Champion, 1st Runner-up and 2nd Runner-up of the 7th Hong Kong Games”**

The top 3 districts with the highest accumulated points from all the 8 sports competitions, namely athletics, badminton, basketball, futsal, swimming, table tennis, tennis and volleyball will be awarded the prizes. The scoring method is set out as follows:

- The district which is Champion (i.e. the “Overall Champion”) of this competition will score 10 points, and the 1st to the 7th Runners-up will score 8, 7, 6, 5, 4, 3 and 2 points respectively. For 8th to the 17th Runner-up will score 1 point.
- The top 3 districts with the highest accumulated points from all the 8 sports competitions will be awarded the prizes for the “Overall Champion, 1st Runner-up and 2nd Runner-up of the 7th Hong Kong Games” respectively.
- If there are districts with the same accumulate points from all competitions, the one that holds more first places will win; and if they hold the same number of first places, the one holding more second places will win. The same method applies until the overall positions are determined. If all the results are the same, the districts concerned will be awarded the same position and presented with the same prize.

(4) The **“District with the Most Gold Medals”** prize

The district that obtains the most gold medals in the 8 sports competitions will be awarded the prize. If the number of gold medals obtained is the same, the districts concerned will be awarded the same prize.

(5) The **“District with the Greatest Participation”** prize

The district having the greatest actual number of athletes participating in the 8 sports competitions will be awarded the prize. (The actual number refers to the number of enrolled athletes who have turned up for the roll call in the HKG.)

(6) The **“District with the Best Progress”** prize

The district achieving the greatest increase in the accumulated point from all the 8 sports competitions over the last HKG will be awarded the prize.

(7) The **“District with the Best Sportsmanship”** prize

The top 3 districts with the highest average attendances of participating athletes in all the 8 sports competitions will be awarded the prize.

(8) The **“District with the Strongest Cheering Squad”** prize

The district represented by the cheering squad with the highest attendance on the competition days will be awarded the prize.

5. Referee/Judge:

The HKASA will be invited to provide referee/judge services.

6. Inclement Weather Arrangement:

(1) If a Pre-No. 8 Special Announcement has been issued, or Tropical Cyclone Warning Signal No. 8 or above or Black Rainstorm Warning Signal is still in force 2 hours before the reporting time for the first round of the competition on the event day, all competition on that day will be cancelled. The Organiser will notify the participating units of the corresponding arrangements separately in due course.

(2) **"High" Health Risk Category (Air Quality Health Index: 7)**

Competitions shall be held as scheduled. Environmental Protection Department advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly to **reduce** outdoor physical exertion, and to **reduce** the time of their stay outdoors, especially in areas with heavy traffic. Participants with existing heart or respiratory illnesses should also seek advice from a medical doctor before participating in sports activities and take more breaks during physical activities. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.

(3) **"Very High" Health Risk Category (Air Quality Health Index: 8 to 10)**

Competition shall be held as scheduled. Environmental Protection Department advises those with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly to **reduce to the minimum** outdoor physical exertion, and to **reduce to the minimum** the time of their stay outdoors, especially in areas with heavy traffic. The general public is advised to **reduce** outdoor physical exertion, and to **reduce** the time of their stay outdoors, especially in areas with heavy traffic. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.

(4) **"Serious" Health Risk Category (Air Quality Health Index: 10+)**

Competition shall be held as scheduled. The Environmental Protection Department (EPD) advises that persons with existing heart or respiratory illnesses (such as coronary heart disease and other cardiovascular diseases, asthma and chronic obstructive airways diseases including chronic bronchitis and emphysema), children and the elderly to **avoid** outdoor physical exertion, and **avoid** staying outdoors, especially in areas with heavy traffic. The general public is advised to **reduce to the minimum** outdoor physical exertion, and to **reduce to the minimum** the time of their stay outdoors, especially in areas with heavy traffic. As the health effects on individuals may vary, participants should seek advice from a medical doctor if they are in doubt or feel uncomfortable.

7. Rescheduling:

- (1) The Organiser has the right to change the date of competition or make any alternative arrangements in extraordinary circumstances, and will notify the participating units of the details. Should any special incident happen during the competition, the referee/judge on the spot or the Organiser will have the sole right to decide whether or not the competition should continue and the participants shall raise no objection.
- (2) No application for rescheduling shall be accepted by the Organiser.

8. By-law:

- (1) Participants who break the Hong Kong records are required to undertake drug tests. Those who refuse to undertake drug tests will be disqualified from this competition with all his/her results cancelled. Participants should read and understand in detail the anti-doping rules and regulations, and other information on the Hong Kong Anti-Doping Committee's official website at [www.antidoping.hk](http://www.antidoping.hk).
- (2) Participants must put on clean slippers or be bare-footed before entering the pool deck area.
- (3) Participants must walk through the shower bath and the footbath before entering the pool to maintain the hygiene of the pool and themselves.
- (4) All participants are required to take care of their own belongings. No liability shall be borne by the Organiser for the loss of their belongings.
- (5) The personal data submitted by the participants will be destroyed in the 4th month after the 7th HKG. Any requests for proof of results obtained by individual athletes in the competition should be submitted to the Secretariat of the 7th HKGOC within 3 months after the 7th HKG.

9. Others:

- (1) The 7th HKG – Dynamic Moments Photo Contest” will be held during the swimming competition. Participants of Dynamic Moments Photo Contest shall take photos at spectator stand during the competition as long as they do not impede the progress of the competition.
- (2) The Organiser has completed the spectator seating draw of the west spectator stand of the Victoria Park Swimming Pool in the team leaders' meeting. 18 Districts' participants must follow the balloting result and seat in their assigned area.
- (3) For the updated information and competition timetable of the swimming competition, please visit [www.hongkonggames.hk](http://www.hongkonggames.hk).

10. Enquiries: 2601 7671

**Office Hours**

8:45 a.m. to 6:00 p.m. from Monday to Friday

(Lunch Hour: 1:00 p.m. to 2:00 p.m.)

Closed on Saturdays, Sundays and General Holidays

**<<The Organiser reserves the right to amend this prospectus at any time without further notice>>**