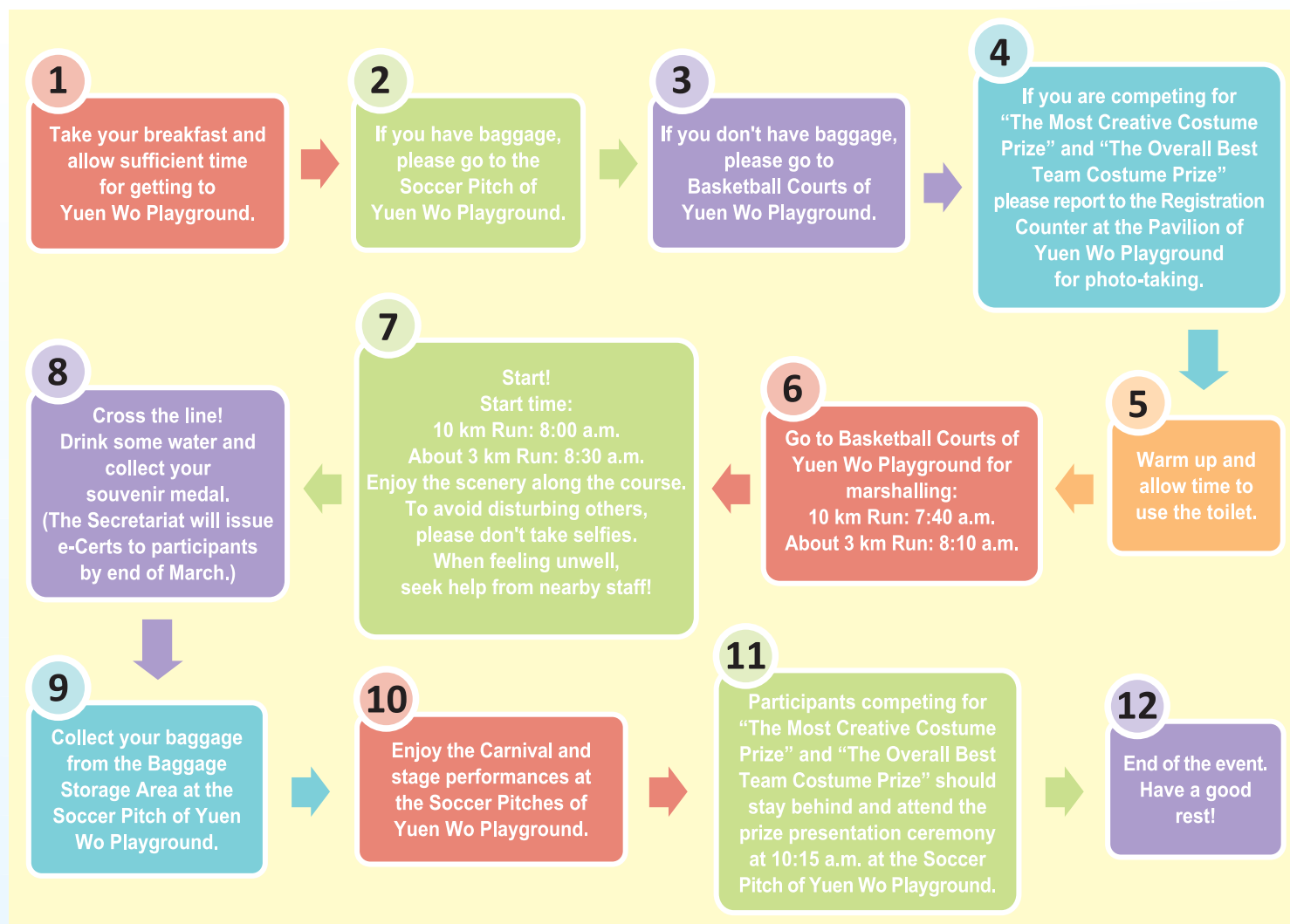


Rundown and Location

	10 km Run	About 3 km Run	
Before starting	Recommended arrival time at the soccer pitch of Yuen Wo Playground if you have baggage	By 7:00 a.m.	By 7:30 a.m.
	Recommended arrival time at basketball courts of Yuen Wo Playground if you don't have baggage	By 7:40 a.m.	By 8:10 a.m.
	Location for Baggage Storage Area(Please refer to Item10(a) "Baggage Storage Area" for details)	Soccer Pitch of Yuen Wo Playground	
	Reporting time and location for competing of "The Most Creative Costume Prize" and "The Overall Best Team Costume Prize"	7:00 a.m. to 8:00 a.m. Designated Registration Counter at the Pavilion of Yuen Wo Playground	
	Time and location for presenting "The Most Creative Costume Prize" and "The Overall Best Team Costume Prize" (Please refer to Item 12 "Other Prizes" for details.)	10:15 a.m. Soccer Pitch of Yuen Wo Playground	
At the start	Start	Yuen Wo Road (Participants should access the start zone via the carpark besides the Basketball Courts of Yuen Wo Playground)	
	Marshal point	Basketball Courts of Yuen Wo Playground	
	Marshal time	7:40 a.m.	8:10 a.m.
	Start time	8:00 a.m.	8:30 a.m.
	Cut off time for starting	8:05 a.m.	8:35 a.m.
	Time limit (Please refer to Item11 "Time Limit" for details.)	90 minutes	45 minutes
At the finish area	Finish	Yuen Wo Road Bus Stop near Sha Tin Sports Ground	
	Location for baggage collection	Soccer Pitch of Yuen Wo Playground	
	Closing time of Baggage Storage Area	11:00 a.m.	
	Carnival time	9:00 a.m. to 12:00 nn	

Flow Chart for Participants



Organised by the Sports Commission Co-ordinated by the Community Sports Committee
Co-organised by the Home Affairs Department, the Leisure and Cultural Services Department, the Sports Federation & Olympic Committee of Hong Kong, China and the Hong Kong, China Athletic Association

Notes for Participants

- Date** : 3 March 2024 (Sunday)
- Marshal Point** : Yuen Wo Playground
- Start Time and Recommended Arrival Time** : 10 km Run - 8:00 a.m. (Please arrive at the basketball courts of Yuen Wo Playground before 7:40 a.m. for marshalling)
About 3 km Run - 8:30 a.m. (Please arrive at the basketball courts of Yuen Wo Playground before 8:10 a.m. for marshalling)
(Participants are advised to arrive at Yuen Wo Playground 1 hour before the start times of the respective categories. To facilitate the reopening of the closed roads as scheduled, **the start will be closed at 8:35 a.m.** and latecomers will be denied participation in the run. This measure will be strictly enforced by the Organiser.)
- Start** : Yuen Wo Road near Yuen Wo Playground (Participants should access the start zone via the basketball courts of Yuen Wo Playground)
- Finish** : Yuen Wo Road near Sha Tin Sports Ground
- Route Map** : Please refer to **Figure 1**
- Number Bibs** : (i) Participants shall wear the number bib on their chest in order to participate in the activity. They should ensure the number bib is properly kept as no replacement bib will be provided. No distribution/replacement of number bibs will be arranged on the event day.
(ii) To enable the Organiser and medical personnel to contact the family or friends of a participant in case of an emergency, participants are requested to provide their personal particulars (including their name, and the name and telephone number of their contact person) on the back of their number bib using a pen with waterproof ink.
- Clothing** : (i) Participants shall wear suitable sportswear and sports shoes, and bring their own sunscreen products, caps, raincoats, mosquito or insect repellent if necessary.
(ii) Participants shall not wear or bring articles, clothing or accessories with political, racial or offensive messages, or with flags, motifs or messages that may be used for protest. The Organiser has the right to forbid anyone who contravenes the rules from taking part in this activity.
(iii) Participants are encouraged to wear the souvenir T-shirt on the event day in order to create a festive atmosphere.
- Traffic Arrangements** : (i) **Special traffic arrangements will be implemented in the vicinity of Yuen Wo Road, Sha Tin for this activity.** Please refer to **Figure 2** for details. Participants are advised to travel to Yuen Wo Playground by public transport. For enquiries about public transport, please visit the following websites: Citybus and New World First Bus (<http://www.nwstbus.com.hk>); KMB (www.kmb.hk); Long Win Bus (www.lwb.hk) and MTR (www.mtr.com.hk).
(ii) **It is expected that a large number of participants will arrive at the venue within a short period of time on the event day. Please allow sufficient time for getting to the venue to avoid being late.**
(iii) For the special traffic arrangements, please visit the dedicated website of the 9th HKG (www.hongkonggames.hk) or the Transport Department (www.td.gov.hk).
- Facilities and Services**
 - Baggage Storage Area** : (i) A Baggage Storage Area will be provided on the soccer pitch in Yuen Wo Playground. Participants who need the storage service should first deposit their baggage at the soccer pitch in Yuen Wo Playground before proceeding to the basketball courts in Yuen Wo Playground for doing warm up exercise and marshalling by following the instructions of the staff. (Please refer to **Figure 3**.)
(ii) As a large number of participants are expected to deposit their baggage on the event day, please arrive early at the Baggage Storage Area to avoid missing the start of the run. The Baggage Storage Area will be opened at 7:00 a.m. and closed at 11:00 a.m.
(iii) Participants are advised not to deposit valuable items. The Organiser will not be responsible for any loss or damage.
(iv) For security purposes, baggage tags and bags will be provided for participants when collecting their number bibs by the Organiser. Baggage bags will also be available for use by participants if necessary. Participants should pack their baggage securely and tie the baggage tag to it before depositing it in the designated baggage storage area.
(v) Participants who do not need the baggage storage service may go to the basketball courts in Yuen Wo Playground directly for marshalling.
 - Toilets** : Toilets and mobile toilets are available in Yuen Wo Playground. Participants should allow sufficient time to use the toilet before the start time as queues are expected.
 - Water Stations** : Available at Yuen Wo Playground, the Hong Kong Sports Institute and Yuen Wo Road (near Sha Tin Rowing Centre).
 - First Aid Stations** : Available at Yuen Wo Playground, the Sha Tin Rowing Centre and along the route (totally 5 first aid stations).

- e. **Physiotherapy Service Point** : Provided at Yuen Wo Playground by the Sports Medicine Team of the Chinese University of Hong Kong.
- f. **Recycles Collection Points** : Recycles collection points for plastic bottle and metal are available in Yuen Wo Playground. Participants should make good use of these collection points for the support of environmental protection.
11. **Time Limit** : Participants completing the run within the time limit (45 minutes for about 3 km Run and 90 minutes for 10 km Run) will receive an e-Cert and a souvenir medal. (Facilities at the finish and along the route will be closed at 10:00 a.m.)
12. **Other Prizes** : (i) Participants interested to compete for the following prizes may enrol in the competitions when collecting their number bib (i.e. from 25 February to 1 March 2024):
Champion, 1st Runner-up and 2nd Runner-up of the Most Creative Costume Prize
Prizes will be awarded to the top 3 individual participants who completed the run with the highest scores for their costume. The judging criteria include relevance to the theme of the HKG, creativity, colourfulness, helping to create a festive atmosphere, and the use of environment-friendly materials.
Champion, 1st Runner-up and 2nd Runner-up of the Overall Best Team Costume Prize
Prizes will be awarded to the top 3 teams who completed the run with the highest score for its team costume. Each team may consist of 2 or more persons, who can be members of a family or an organisation, or a group of friends. The judging criteria include relevance to the theme of the HKG, creativity, colourfulness, display of team spirit, and the use of environment-friendly materials.
- (ii) Participants competing for the above prizes shall **report to the Costume Prize Registration Counter at the Pavilion of Yuen Wo Playground for photo-taking between 7:00 a.m. and 8:00 a.m. on 3 March 2024** in order for the Organiser to arrange an assessment.
- (iii) A prize presentation ceremony will be held on the performance stage located at the soccer pitch of Yuen Wo Playground at **10:15 a.m. on 3 March 2024**. Participants competing for the above prizes should stay behind.
13. **Points to Note** : (i) Participants should know whether they are physically fit to participate in the activity. If in doubt, they should consult a doctor before participation. Participants should also have sufficient practice and warm-up exercises before the activity.
(ii) On the event day, participants should pay attention to their personal conditions to see if they are physically fit for the activity. When feeling unwell during the activity, participants should seek help from nearby officials immediately.
(iii) The number bibs and places are non-transferable, and no change of event category is allowed. Anyone in breach of these rules will be disqualified.
(iv) Participants are not allowed to bring anyone who has not put on a valid number bib into the activity area. Anyone in breach of this rule will be asked to leave the activity area immediately.
(v) No pets are allowed during the activity.
(vi) No substances which are dangerous or may impede the progress of the activity (e.g. offensive weapons, inflammable or explosive substances) are allowed in the activity area. Anyone in breach of this rule will be asked to leave the activity area immediately.
(vii) As the activity is held in the morning, participants should keep noise to a minimum to reduce the impact on nearby residents.
(viii) To ensure the safety of participants, the staff of the Organiser will be deployed along the route to maintain order; participants shall follow the instructions given by them.
(ix) To minimise the risk of accident, participants are strongly advised not to stop and take photos or video footage at the start, along the route and at the finish.
(x) To avoid overcrowding and colliding with other arriving runners, participants are advised to leave the finish area as soon as possible after crossing the finish line. Relatives and friends of the participants are welcome to watch and cheer on the runners at locations outside the activity area along the route. (Please refer to **Figure 4**.)
(xi) Participants shall not bring loudhailers, flags, banners, bunting, flyers or articles bearing slogans, or publicity materials of any kind, except for those provided by the Organiser.
(xii) Participants interfering, or attempting to interfere in the conduct of the event by any means may be requested to leave the venue.
(xiii) If a participant's act is contrary to the interest of national security, the Organiser has the right to terminate his/her participation in the event.
(xiv) No promotional materials, souvenirs or giveaways may be distributed and no publicity materials of any kind may be displayed in the venue without the permission of the Organiser.
(xv) The Organiser has the right to refuse anyone failing to observe the rules of the venue entry to the venue, or demand such persons to leave.
(xvi) Participants may take out their own personal insurance if necessary.
(xvii) Supplementary information about this activity, including notes to participants and location map of the venue, will be provided through the dedicated website of the 9th HKG at www.hongkonggames.hk.
14. **Inclement Weather Arrangement** : (i) If Tropical Cyclone Warning Signal No. 3 or above, or Red or Black Rainstorm Warning Signal is in force or issued at 6:00 a.m. on the event day, the activity will be cancelled.
(ii) If the weather deteriorates during the activity, the Organiser may suspend the activity in view of the circumstances. Participants should pay attention to the announcements on the spot.
15. **Enquiries** : 2601 7671

Figure 1: Route Map

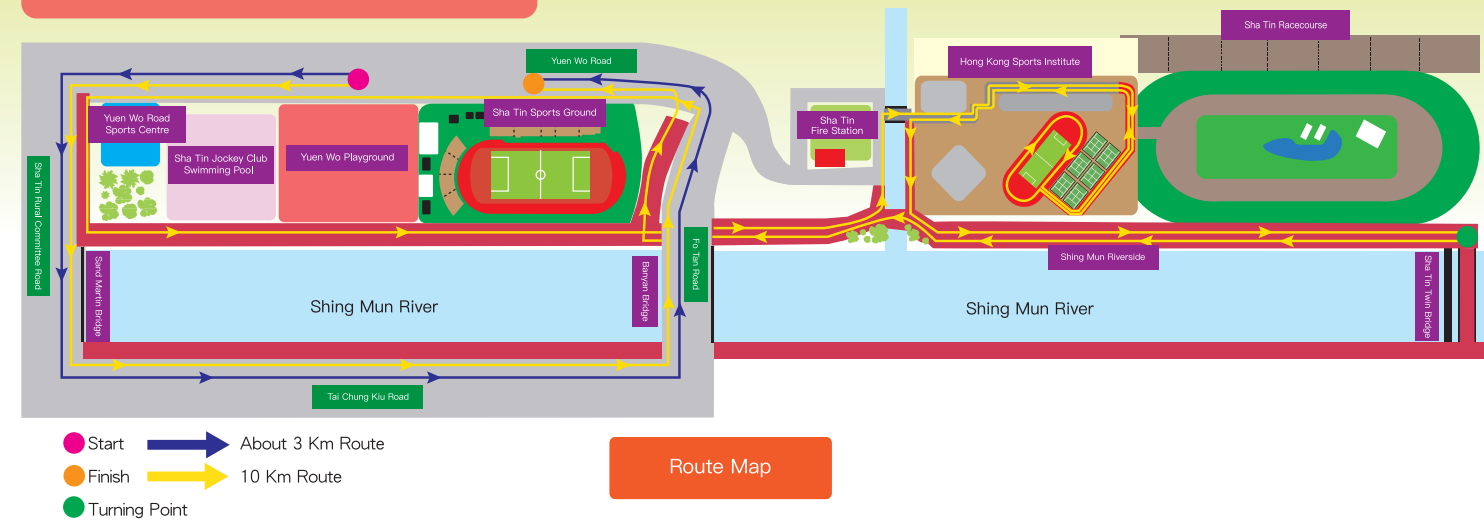


Figure 2: Special Traffic Arrangements

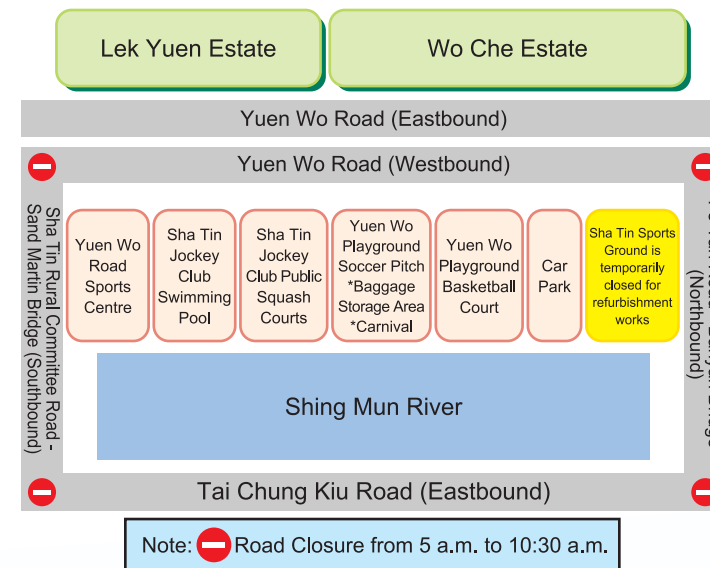


Figure 3: Routes for Participants

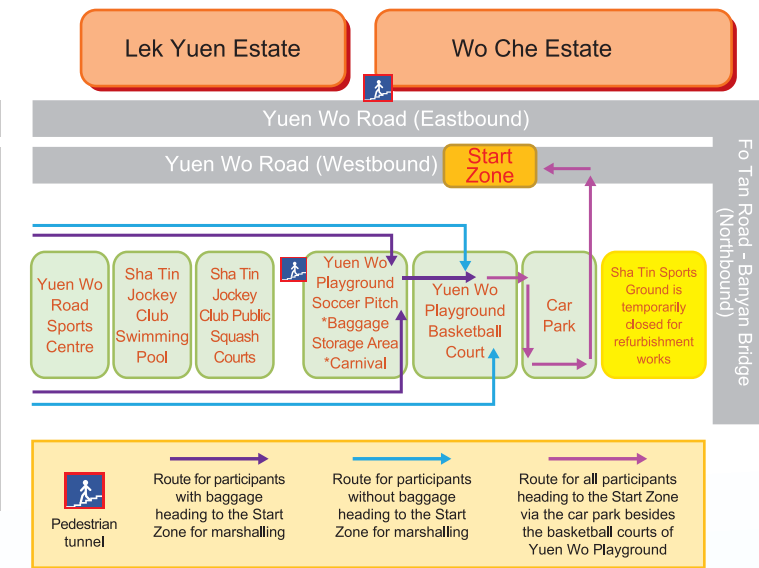
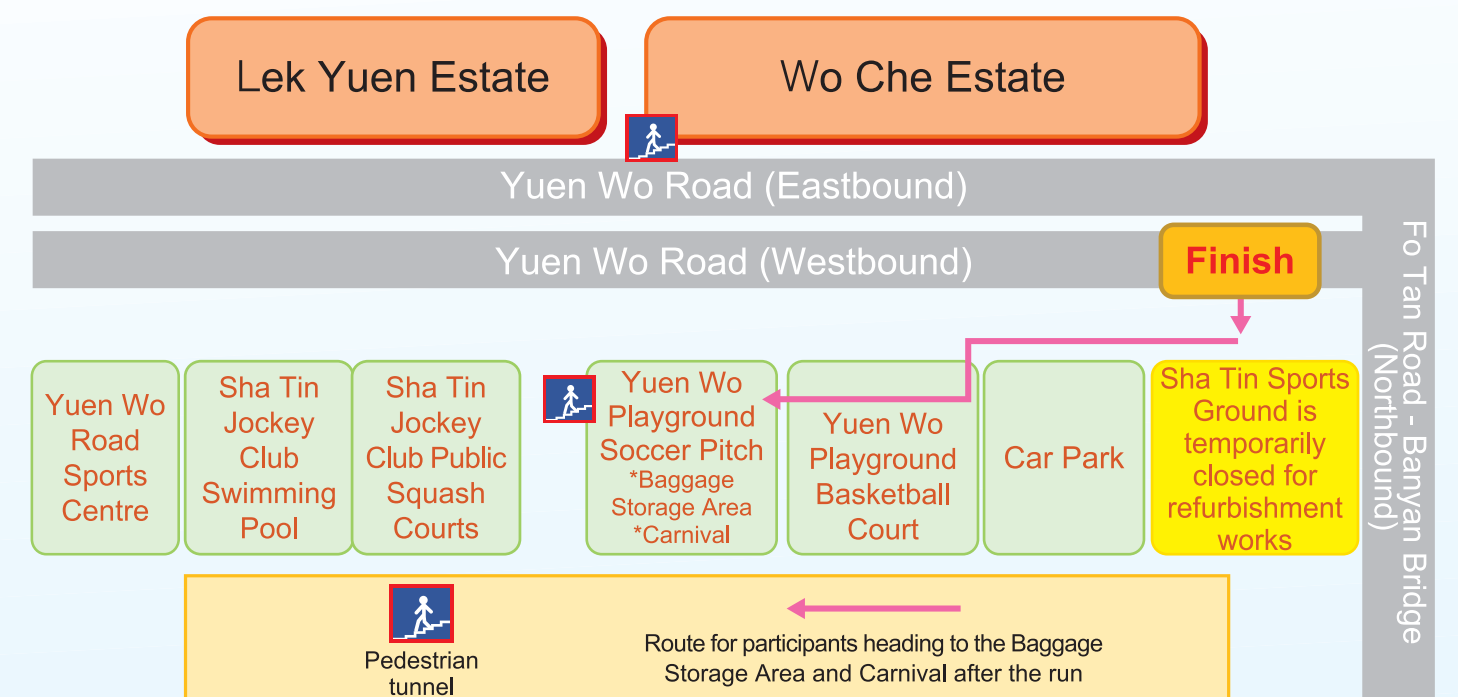


Figure 4: Routes for Participants heading for the Baggage Storage Area and Carnival after the Run



The Organiser reserves the right to amend this Notes for Participants in the future.